

Rivojlanishida nuqsoni mavjud bolalar oilalarida oilaviy munosabatlarning rivojlanishi davrlari

Maxmudov Xurshid – “Maxsus pedagogika”

kafedasi o’qituvchisi

Logopediya yo’alishi talabasi Fayzimatova Mohigul

Annotatsiya. Maqolada rivojlanishida nuqsoni mavjud bolalar oilalarida oilaviy munosabatlarning rivojlanishi davrlari, oila a’zolariga psixologik maslahat berish maqsadida oila a’zolari o’rtasidagi munosabatlar haqida fikr yuritilgan.

Kalit so’zlar. Psixoterapiya, oilaviy munosabat, oto-ona vazifalari, nevrotik buzilishlar, ruhiy salomatlik, ikkilamchi nuqson.

Har bir oilaning hayot tarzi xususiyatlari, oiladagi o’zaro munosabatlar vaqt o’tishi bilan o’zgaradi. Aniqlanishicha, rivojlanishida nuqsoni bor, bolalarni tarbiya qilayotgan oilalar oilaviy munosabatlar rivojlanishning bir nechta inqirozi davrini boshidan o’tkazishadi.

Birinchi davr – bolani kasalligini bilish, aniq tashxisni olish hissiy moslashuv, bu xodisa bilan boshqa oila a’zolarini xabardor qilish bilan bog’liq. Ba’zi kamchiliklar bola tug’ilgan zahoti aniqlansa, ba’zilari ancha katta yoshda aniqlanadi. SHifokor tashxisiga oilalarning birini reaksiyasi shok, nevroz, umidsizlik, dipressiya, bunga aybdorlarni izlash bo’ilishi mumkin, shundan keyin oila yuz berishini mumkin bo’lgan inqirozli sharoitlarga o’z zaxiralarini faollashtirish bosqichiga o’tadi.

Ikinchi davr – bolani hayotining birinchi yillarida rivojlanish xususiyatlarini belgilaydi. Bola rivojlanishidagi buzilshi xarakterini surinkaligi va uzoq – yulquligi, ularning turi va aks etishi darajasi, oilaning ularga nisabatn munosabati oiladagi o’zaro munosabatlar va xatti – xarakatlarini shakllanishni ahamiyatini belgilaydi. Bu davrda bola uchun zarur xizmatlarga moddiy va vaqt xarajatlari oilaviy inqirozi yanada chuqurlashtiradi, ma’lumki bizning jamiyatimiz qiziqishlari ko’pincha oilaviy muammolarga mos kelavermaydi.

Uchinchi davri - bolani maktabga berish, ta'lim shaklini aniqlash yoki maxsus maktab, maktab – internatlar maktabdan tashqari faoliyatlarga joylashtirish tashvishlaridir. Bunda oila xuddi “omma oldiga” chiqadi, muammolar ko'payadi. Ota – onalar boshidan qiyinchiliklar xarakteri va darajasi bola rivojlanishidagi nuqosnlarning aks etganligi va turiga bog'liq. Maktab ta'limiga tayyorgarlik maktabda yaxshi o'qishni va rivojlanishi nuqosni bo'lgan bolalarni maktabga yaxshi moslashuvini ta'minlaydi.

To'rtinchi davr – bolani o'tish yoshi davriga o'tishi bilan boshlanadi. Oila surunkali tabiatli kasalliklarga uchraydi. Tengdoshlaridan ajarlib qolishi va yolg'izlik bilan bog'liq kasb tanlash bilan bolaning kelajakdagi bandligini rejalashtirish bilan jinsiy muammolar paydo bo'ladi. Bu vaqt o'sishini og'riqli kechinmalari va o'z o'rnini oiladagi jamiyatdagi o'rnini o'ylaydigan vaqtdir.

Beshinchi davr – oilaviy qiyinchiliklarning kattalar hayotining boshlanishidir. Oila nogiron bolani uning uchun kamyob bo'lgan ijtimoiy imkoniyatlarni ta'minlash, bolani o'qishi va yashashi uchun mos keladigan joy izlash bilan ovora bo'ladi. Nogiron odamni bandligi va ularni mustaqil moddiy ta'mintoti muammosi haqidagi siqilishlari oilada bu davrda qattiq havotir va qayg'urish iqlimni hosil qiladi.

Oltinchi davri - oilaviy munosabatlar rivojlanishning imkoniyati cheklangan oila a'zosining katta hayoti nogiron odamni uy – joy, ish o'rnini tibbiy yordam, ijtimoiy xizmatlarni tashkil etishni ta'minlash – bu davrda ota – onalarning qiziqishlari va muammosi doirasidir.

Ota – onalar bu vaqtda bolalari haqida egdi o'zlari g'amxo'rlik qila olmasligidan xavotirga tushishadi. Er – xotin o'rtasidagi o'zaro munosabat yoshi ulg'aygan oila a'zosidan aloxida yashagan xolda o'zgarishlar paydo bo'ladi. Sog'lom bolalar va rivojlanishida nuqsoni bo'lgan o'smirlarni jamiyatga qo'shishidagi muxim vazifalar jamiyatni nogiron va rivojlanishida kamchiligi bo'lgan bolalarga nisbatan yangi munosabatni shakllantirish va o'zgartirish jamiyatni insonparvarlik, uni barcha a'zolariga nisbatan teng xuquqli munosabatini

tarbiyalash xisoblanadi. Sinovlarga chidashi uchun imkoniyati cheklangan farzandlari bor oilaga jamiyat ko'rsatadigan tibbiy, ta'limiy va ijtimoiy xizmatlar yetarli emas. Keng doira bilan aloqalar (qo'shnilar, xovlidagi qo'shni bolalar, xamkasblar, turli xil mutaxassislar) o'xshash muammoli oilalar bilan uchrashishi xamkorlikda oilaviy bayramlar, sport musobaqalari va o'yinlar tashkil etish ijtimoiy yetishmovchilik va jamiyatga moslashuvdagi kamchiliklarni bartaraf etishga, oilaviy hayotda o'z o'rnini topshiga yordam beradi.

Uni ijtimoiy, tibbiy, psixologik pedagogik kasb tanlash elementlariga kompleks reabilitatsiyasi imkoniyati cheklangan bolani oilasiga shuningdek bola va muammoli oila a'zolarining ijtimoiylashuviga yo'naltirilgan.

Oilaviy maslaxatlarga asos solgan. Virjiniya. Satir agar biz dunyoni o'zgartirmoqchi bo'lsak, oilani o'zgartirishimiz kerak, deb bekor aytilgan. Jismoniy yoki ruxiy kamchiliklarga ega bolalarni tarbiyalayotgan ota – onalar har kuni bir qancha muammolarga to'qnash keladilar, bu bolaning markaziy nerv sistemasini jaroxatlanishi bilan bog'liq bilish faoliyatining xissiy sensor xarakat va nutq sohalarning buzilishi shuningdek oilaviy munosabatlarni o'rnatishdagi qiyinchiliklar rivojlanishida nuqosni bo'lgan bola uchun uzoq vaqtni doimiy aloxida tayyorgarlikni talab etadigan yaqinlarning yordami, mexri - muxabbati, s-br va bardoshlari kerak.

Agar ularnig xarakatlarini samarasi ko'nikmasi buning uchun xafa bo'lmasligi va qayg'urmaslik kerak, ular albatta namoyon bo'ladi, bunnig uchun oilaga malakali mutaxassislar, shifokorlar, pedagoglar, logopedlar, psixologlar, ijtimoiy xodimlarning yordamlari va maslaxatlari zarur.

Mutaxassislarga yaxshi yordamchi bo'ilsh uchun ota – onalar o'z muammolariga o'ralashib qolmaslikkalari, o'zlarini aybdor sanamasliklari, jamiyatning faol a'zosi bo'lib qolishlari, maxsus muassasa xodimlari bilan uzviy aloqada bo'lishlari, doimo bolani atrof – olami bilan aloqasini kengaytirib borishlari kerak.

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