Maxsus yordamga muxtoj bolalar va o'smirlarni ijtimoiy reabilitatsiyasida oilaning roli.

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Annotatsiya. Maxsus yordamga muxtoj bolalar va o'smirlarni ijtimoiylashuvi va reabilitatsiyasida oilaning roli, maqolada oila a'zolariga psixologik maslahat berish maqsadida oila a'zolari o'rtasidagi munosabatlar, ota – ona munosabatlari, ota – onalar bola bilan munosabatga kirishish ko'nikmalari aqida fikr yuritilgan.

Kalit so'zlar. Psixoterapiya, oilaviy munosabat, oto-ona vazifalari, nevrotik buzilishlar, ruhiy salomatlik, ikkilamchi nuqson.

Oila o'zida turli xil ichki va tashqi ta'sirlarni his qiladigan o'ziga xos mikroijtimoiy muhit hayotda bir nechta insonlar tomonidan tuziladigan jamiyat oilaning muxim funktsiyalarni ichidan ijtimoiylashtirish funktsiyasi aloxida farqlanib, shaxsni rivojlanishi va ijtimoiy integratsiyalashuviga, shunnigdek oilada, u oila a'zolarni jamiyatda, mexnat sohasida o'rnini topshiga yo'naltirilgan.

Bola huqulari to'g'risidagi konventsiya bizning mamlakatimizda 1990 yilda kuchga kirib unda oila jamiyatning kichik bir bo'lgan ekanligi, tabiiy muhitda oilaning barcha a'zolari, ayniqsa bolalarni o'sishi va kamol topshii uchun zarur himoya va xamkorlik mavjudligi ta'kidlanadi.

Oilada rivojlanishida nuqsoni bo'lgan bolani tug'ilishi, uni muhim ijtimoiy qiyinchiliklarni his qiluvchi oilalar darajasiga ko'taradi, ichki muammolarni ko'payishiga yoki paydo bo'lishiga olib keladi, oila a'zolaridan o'rtasidagi o'zaro munosabatlar o'zgaradi, ularning ijtimoiy aloqalarini buzadi.

Ota – onalarni bolalarning birlamchi nuqsonlarini bartaraf etish yoki kompensatsiyalashga va uni oqibatlarini oldini olish uchun uzoq yillar chidam va sabr bilan qilgan xarakatlari, bolaga nisbatan katta muxabbatlari bevosita bola holatining yaxshilanishi natijasi bilan birga ijtimoiy ahamiyatga ega natija –

bolaning ijtimoiylashuvi va uni jamiyatga integratsiyasi (jamiyatda o'z o'rnini topishiga) ham erishadilar.

Bugungi kunda rivojlanishida nuqosni bo'lgan bolalar va ularning oilalari butun jamiyatning ijtimoiy va moddiy yordamga davolash va turli xizmat sohalari, Ijtimoiy tibbiy, pedagogik, psixologik yordam va ximoyaga muxtojdir. Faqat oila va jamiyatni o'zaro xamkorlikdagi faoliyat rivojlanishida nuqsoni bo'lgan bolalarni o'zlarning ijtimoiy muxitga reabilitatsiyasi va abilitatsiyasini ta'minlash mumkin.

Bolani qandaydir kamchilik bilan tug'ilganligini bilgan zahoti ota – onalar qarama – qarshi \islarni tuya boshlaydi. SHifokor fikrlariga ko'shilmaslik va ishonmaslikdan to'liq umidsizlikkacha.

Bolaning rivojlanishidagi buzilishni oila idrok etgan holatda, oila yordam olishi va so'rashga qodirligiga ular tanlangan yo'l belgilaydi. Oila inqiroz xolatida tanlangan hatti – xarakat strategiyasi hayotiy falsafa bilan bog'liq. Masalan "Hech narsaga qaramasdan, sharoitni biz boshqaramiz" yoki "nima bo'lsa bo'lar bari – bir taqdirdan qochib bo'lmaydi". Bu davolanishga va ta'limga va bolani jamiyatga olib kirishga nisbatan passiv munosabatni shakllantiradi, ammo oilada yetarli bo'lmagan holatdagi stressli holatning oqibati ham bo'lishi mumkin. Oilada sog'lom muhitni saqlash rviojlanishida nuqsoni bo'lgan bola tarbiyalanayotgan oila uchun xos bo'lgan oiladagi ishnochsizlik, umidsizlik iqlimi, oilaviy munosabatlarni buzilishi va qarindoshlarni uzoqlashib ketishini oldini olishga yordam beradi.

Rivojlanishida nuqsoni bo'lgan bola o'sayotgan oilada muammolar ko'p: ota – onalarni rivojlanishdagi turli kamchiliklarni bilmasligi, bolani kedajakdagi rivojlanishi, uni keyingi taqdiridan qo'rqish; ota – onalarning psixologik dizadaptatsiyasi; quyidagi savollarga javob izlash4 bunday bolani tug'ilishiga kim sababchi? Kasal boladan voz kechishi kerakmi yoki uni statsionar muassasalarga joylashtirish kerakmi? Va xakozo. Oilada imkoniyati cheklangan bolani tug'ilishi oilani rivojlanishi jarayonini oila a'zolari o'rtasidagi munosabatni buzadi, oilani

buzilib ketishiga xavf soladi. Nogiron bolani oilada paydo bo'lishi ota – onalarga ijtimoiy va moddiy xarakaterdagi ko'pgina muammolarni keltirib chiqaradi, oila va jamiyat o'rtasidagi o'zaro aloqalarni murakkablashtiradi.

Bunday oilalarga nisbatan ijtimoiy va moddiy – psixologik qo'llab – quvvatlashni yo'qligi yoki yetarli emasligi sharoitni yanada yomonlashtiradi, ammo so'nggi yillarda mamlakatimizda bu xolat sezilarli darajada yaxshilandi. Imkoniyati cheklangan bolalari bor oilalarni ijtimoiy qo'llab – quvvatlovchi me'yoriy huquqiy baza takomillashtirilmoqda. Imkoniyati cheklangan bolalar va o'smirlar uchun reabilitatsiya markazlari tarmoqlari rivojlanmoqda, ijtimoiy ximoya tizimiga ijtimoiy xizmat xodimlari kiritilmoqda, imkoniyati cheklangan bolalari bor oilalarga turli xil xizmat ko'rsatish uchun maxsus xodimlar tayyorlanmoqda va xakozo.

SHubxasiz imkoniyati cheklangan bolalari bor ota – onalarni ma'rifatli bo'lishlari uchun aloxida yordamga muxtoj ota – onalar uyushmalarini tuzish maxsus adabiyotlar chop etish ximoy tashkilotlarni jalb qilish, nuqsonli bolalarni to'liq reabilitatsion tadbirlar bilan qamrab olish uchun nodavlat tashkilotlar yordami ko'lamini kengaytirish zarur. Bunday muammosi bor oilalarga nisbatan jamiyatning to'g'ri munosabatni faqat rivojlanishida nuqosni bo'lgan har bir oilada yaxshi psixologik muxitni rivojlangan ijtiomiy yordam tarmog'i ta'minlashi mumkin.

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