

TREATMENT OF PRECANCEROUS DISEASES OF ORAL MUCOSA

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The urgency of the problem is due to the increase in the number of patients with this pathology in recent years. Currently, judging by various authors, premalignant processes of oral mucosa case up to 4.5% s and enterprises in malign up to 73%. The frequency of the inflammatory chronic processes of the oral mucosa and the red border, which may precede precancerous changes, corresponds to 19.9%. The lack of statically reliable data in this area does not allow us to assess the true frequency of these changes in the general statistics of pathology of the oral mucosa and in the red border of the lips.

The object of research was optimizing the treatment of precancerous diseases of oral mucosa.

Material and methods of research. 50 patients with erosive form of oral leukoplakia were examined at the department of Hospital Therapeutic Dentistry, Tashkent State Dental Institute. Methods of research were clinical and cytologic (PAP-test and Abdullakhojaeva- Krakhmalev's method). We took imprint smears from lesions of oral mucosa twice: one smear was dyed for the PAP-test, second one was dried for Abdullakhojaeva- Krakhmalev's cytology. Smear examples were studied under microscope. We used inverted metallographic microscope Axiovert 40 for examination of native smear examples with the purpose of determination of dispersed luminous particles (DLP) which are the markers of malignancy or its development risk.

All the patients were examined before and after treatment using laser therapy and Ekdisten, which is phytoecdysteroid.

Results and discussion. We considered the different range of complaints noted in patients with precancerous diseases of the oral mucosa, due to the diversity of lesions, from the perspective of the patient. For example, soreness of the oral mucosa was recorded as the most common symptom, observed in 92% of patients, and many associated the feeling of pain with a burning sensation in the mouth, noted in 37% of cases. In addition, roughness of the oral mucosa, a feeling of tightness of the mucous membrane and a feeling of dryness of the oral mucosa were noted. 18%

reported a feeling of awkwardness or unpleasant sensation during functional activities of the oral cavity. 9% of patients had no complaints.

On the 3rd day after treatment, there were no patient complaints. On day 5, the beginning of epithelization of the lesions was noted. In addition, complete epithelization of erosions was noted on the 10th day of the study.

Withdrawal syndrome characteristic of steroids was not observed in the study subjects.

Conclusions. Thus, the drug Ecdisten can be recommended for replacing steroid hormones in treatment of oral precancerous diseases, since, having the properties of accelerating proliferation, no side effects have been noted.

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