

## LIFE STRATEGY OF UZBEK WOMEN: FAMILY AND LABOR RELATIONS

**Vazira Tursunboevna Akhmedova**

Researcher of Andizhan State University, Republic of Uzbekistan

***Abstract:** This article highlights the life strategies of modern women, as well as the problems of family and labor relations of Uzbek women, the choice of a female role and their unique qualities at the present time.*

***Keywords:** modern woman, women's life strategy, family and labor relations, gender and social equality, "housewife".*

### INTRODUCTION

Every adult faces the need to solve many problems during his life, the most important of which are starting a family, having children, and choosing a professional career. These events require making important decisions, in the direction of which previously established views are supported, expanded, changed, and new motivations for behavior are formed.

### RESEARCH METHODS

The period of early adulthood can be called in another way "the period of the beginning of independent life"[3]. In fact, in all areas of adult life, be it personal or professional, adulthood is the beginning of the journey. In realizing their dreams, young people are required to actively and positively build the life of adults - the issue of independent choice of life strategy, taking into account the surrounding reality and their capabilities, is a cross [2].

### RESULTS AND DISCUSSIONS

Women's life strategy is a central aspect of this issue, such as the possible conflict between work and family. Nature dictates that a woman "takes over" the functions of motherhood and child care. Historically, women were the guardians of

the hearth, keeping homes cozy and cooking, while men were engaged in mining, protecting settlements, and more. At the same time, "modern women's strategy clearly implies the combination of work and family, on the other hand, they do not want young men to take on household duties and child care on an equal footing with work. The existing reality requires a woman to combine these activities, and a woman who succeeds in this is a woman who is praised by society. Attention to women in our modern society is commendable. As President Sh.Mirziyoyev noted, "Our nation has always considered the figure of the Mother, the woman as a great gift of the Creator, an incomparable miracle, and always honors and cherishes it. If we do one favor to women, who are the symbols of kindness and loyalty, the angels of our homes, it will undoubtedly be returned as ten favors" [1].

How do women behave in such conditions? You can prefer work or choose family, you can try to combine both. But, first of all, a woman devotes herself to the organization and management of the household, raising children, this is true, but sometimes the "housewife" turns out to be too much, she is the most important person in people's lives misses out on the most important events and therefore does not feel like a full-fledged person. In a state of social isolation, feeling alienated from what is happening at home, women suffer from low self-esteem and are more prone to depression [4]. This phenomenon can also be called "housewife syndrome". Even women whose dream is always to be a good wife and mother feel dissatisfaction. At the same time, running a household leaves a lot of time for various hobbies, participation in social life, as well as the opportunity to receive joy from loved ones and emotional satisfaction from a job well done. However, not every woman can take full advantage of these benefits. Often, the housewife is further removed from the outside world, and her happiest moments are limited to watching TV series.

Active women lose the true meaning of motherhood in return for work and have to devote themselves only to professional activity [5]. Job, labor preference may depend on a number of reasons. In modern society, women's life strategy is the

most common motive of work activity is to achieve financial independence, unlike them, this motive for Uzbek women is aimed at helping the family and husband.

Women of the 21<sup>st</sup> century have developed other values besides child rearing and family loyalty. This is their desire to find their place in society, their desire to make a decent contribution to the development of society through their profession, and in addition to this positive situation, improved household service technologies have facilitated manual labor to a certain extent.

Who is a modern Uzbek woman? How can you draw this portrait of her? In the life strategy of Uzbek women, first of all, she is "mother", and then she is an active manager and subordinate, follower and follower. Women's life strategies are determined by their social activity, talent, ability and initiative. At no time were women considered only subordinates or followers. It is known that at the end of the 19th century and the beginning of the 20th century, the leading enlighteners of our country, M. Behbudi, A. Fitrat and A. Avloni, expressed broad opinions about the role of women in society. For example, in Fitrat's work "Family or Family Management Procedures", "Women's rights are certainly related to religion and national values. It is known to many that girls were killed alive before the introduction of Islam. The holy religion of Islam always commands women to be respected. The proverb "Paradise is under the feet of mothers" has not lost its importance over the centuries. The teachings of Islam gave women equal rights with men in learning, working, inheritance rights, and active participation in the development of society. It is said in the hadiths that "acquiring knowledge is characteristic of every Muslim". In Islam, women are given more concessions in matters of family, marriage, and inheritance, they are not allowed to live without marriage, thus ensuring the rights of women. Dowry, which is one of the conditions of marriage, was introduced precisely for the benefit of women" [6].

## CONCLUSION

In new Uzbekistan, attention to women has risen to the level of state policy. Issues such as their life strategy, women's equal rights with men in family relations,

family protection by the state are reflected in the adopted normative legal documents. In particular, significant work is being done to provide women with decent work, develop and encourage entrepreneurship.

#### REFERENCES:

1. Mirziyoyev Sh.M. Yangi O‘zbekiston strategiyasi. T., “O‘qituvchi” 2021-yil.
2. Краткий психологический словарь / под ред. А.В. Петровского, М.Г. Ярошевского. Ростов н/Д., 1999
3. Абдурауф Фитрат. Оила ёки оила бошқариш тартиблари. – Тошкент: Чўлпон, 2019.
4. Qodirova, M. (2020). Shaxsning ichki konfliktlari va mexanizmlari. Архив Научных Публикаций JSPI, 1(41).
5. Berdiyorova, S., & Uktamova, U. (2020). РОЛЬ ОБЩЕНИЯ ВО ВЗАИМООТНОШЕНИЯХ ЛЮДЕЙ И СПОСОБЫ ОБУЧЕНИЯ К ОБЩЕНИЮ. Архив Научных Публикаций JSPI.
6. Абдурауф Фитрат. Оила ёки оила бошқариш тартиблари. – Тошкент: Чўлпон, 2019.