

PSYCHOLOGICAL CHARACTERISTICS OF PATIENTS DIAGNOSED WITH AUTISM

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Annotation: this article is one of the most common diagnoses today about patients with autism syndrome and their psychological characteristics. We will answer the question of whether autism is a disease or a mental state below.

Keywords: autism, sensor, emotion, stress, social communication, spectrum, movement.

Autism spectrum disorders (ASDS) are developmental disorders in humans that involve social interaction and interactions, limited interests, and repetitive behaviors. These diagnostic features require an in-depth study of the psychological characteristics of patients diagnosed with autism. Because if we look around today we can see that there are many people diagnosed with autism, the symptoms of this syndrome occur in many.

Social communication and interactions of patients diagnosed with autism.

We know that many patients with autism diagnoses have difficulties in social communication in their social lives. Again, they have difficulty understanding and reading other people's facial expressions, body language, or voice tone. As a result, they may feel discomfort in different situations when they go out into the social environment and sometimes avoid contact with others. They often avoid eye contact and have difficulty applying even simple social skills during conversation.

Limited interests and repetitive behaviors in patients diagnosed with autism.

People with autism diagnoses often have a deep interest in the same activity or process and perform consistently repetitive behaviors. These interests or behaviors can sometimes be broad-ranging - for example, interest in vehicles or performing the same action over and over again. Repeated behavior can play the role of a stimulant, that is, it stabilizes the internal emotional state of a person.

Sensory discomfort.

People with autism can often be very sensitive or indifferent to sensitivity. For example, they can be very sensitive to bright lights, loud noises or special textures. These sensitivities can cause stress or discomfort in them. Sensory discomfort can affect their daily activities and limit going to certain places or using certain things.

Attention and thinking of patients diagnosed with autism.

People who live with autism often have differences in attention and thinking skills. Some may have a high level of mathematical or musical abilities, while others may have difficulty concentrating their attention. Their way of thinking is often visual, with attention to detail. Some have very good memory and can remember certain things very clearly.

Emotional situations in patients diagnosed with autism.

Emotional states of people with autism can be different than others. They can react strongly to stress or changes. They have difficulty expressing their emotions or understanding the emotions of others. Children with autism often express their feelings through physical actions rather than verbal expressions.

Behavior of patients diagnosed with autism.

Some people with autism have difficulty in their motor skills. It is known that this may be in the form of delays in the development of fine motor skills or difficulties in the Coordination of movements. In some, compatibility or balance problems are observed. Also, their walking and running styles can be radically different from those of others.

Writing and reading skills of patients diagnosed with autism.

People with autism may have very different writing and reading skills. Some are very literate and have a good understanding of what has been read, while others have difficulty writing and reading skills. These abilities are inextricably linked to their level of development and educational opportunities.

Positive characteristics of patients diagnosed with autism.

People with autism often have their own positive characteristics. They can have the ability to focus on something carefully and perfectly. Most are highly creative and inventive. They can get deep into their interests and have a high level of knowledge in certain areas. Also, people with autism are often honest, loyal and indifferent.

In conclusion, we can say that the psychological characteristics of patients diagnosed with autism can be multifaceted and complex. It is very important to understand them correctly and provide them with the appropriate support and support. Taking into account the individual needs of each individual, creating an environment that is attentive and emotionally supportive of them can help improve the quality of life of people with autism. Early diagnosis of them, conducting Special Correctional Training, constant work with them can work on them. Working together with parents, a special educator and a psychologist will help them develop their abilities and find their place in their future lives.

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