

## **FURTHER POPULARIZATION OF SPORTS, TRAINING OF SKILLED COACHES AND ATHLETES**

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Popularization of physical education and sports in our country is defined as one of the important directions of social policy. For this reason, sport is the top decision of a healthy lifestyle in society by strengthening the health of the population, educating the younger generation as healthy and harmonious. It prevents various diseases, harmful habits among young people. Sport also plays an important role in the formation of high culture, feelings of patriotism. The achievements in this area will introduce the country to the world, give pride to all compatriots.

In the years of independence, a wide range of work has been carried out in this regard; especially necessary conditions have been created for the younger generation to regularly engage in physical education and mass sports. In cities and villages, modern sports facilities were built. The competitions of "seed of hope", "harmonious generation" and Univer have become a means of promoting youth in mass sports, a healthy lifestyle. A continuous system of selection of talented children and training of professional athletes was created. In general education schools and training in children's sports complexes, confident Boys-Girls are recruited to children's and adolescents' sports schools, sports colleges and are trained on the basis of professional approaches. Improves skills in the training of universities and training camp. As a result of this, the athletes of our country have won high victories in the most prominent competitions of the world and are showing the face of our people to the whole world. In particular, our athletes won 13 medals at the Olympic Games held in Brazil, 31 medals at the Paralympic Games and achieved the highest results in the history of SPs in our country.

In the structure of the Ministry of Education of the Republic of Uzbekistan, the executive power of the children's Sports Development Fund, about 300 sports educational institutions were transferred to the state power. The council for the development of

Physical Education and mass sports was established in order to study, analyze public opinion, develop proposals for improving the work in the field of physical education and mass sports in order to increase the effectiveness of the work on the development of physical education and mass sports.

Also in the current year more than 20 documents on this issue – presidential decrees and resolutions, decisions of the Cabinet of ministers were adopted. This is an indication of the attention paid by the state to the development of physical education and sports. As a result of the reforms carried out under the leadership of the president, there were quality changes in the industry. In the current year, our athletes won 483 gold, 394 silver, 536 bronze and 1413 medals at City and international sports competitions.

International competitions are successfully held in our country. In May, at the BOC Asian Championship held in Tashkent City, our athletes won nine weight categories of gold medals out of ten weight categories. At the meeting, the issue of training qualified personnel and coaches for sports was discussed. The head of our state carried out certain tasks on training, retraining and professional development of personnel in the field of physical education and sports. In this regard, the Uzbek State Institute of physical education, which is considered the leading educational institution, was transferred to Chirchik city. As a result, the Institute created the necessary infrastructure for training and training of qualified athletes and coaches, the opportunity to restore the modern sports center. Distance education has also been introduced at the institute since the 2017/2018 academic year. At the State Institute of physical education of Uzbekistan, the Center for scientific and methodological provision, retraining and professional development of Physical Education and sports specialists was established. So far, more than 800 employees have been trained at the center. The decision of the head of our state “on measures for the further development of Physical Education and mass sports” adopted in June of this year was another important document in this regard. Within the framework of the program, about 155 children's playgrounds, 232 modern playgrounds have been renovated in Nukus city during the last period of this year, a specialized sports complex has been commissioned for the Olympic Games and National Sports. It was criticized that sports schools, higher

schools of sports and sports federations of the Republic, selection works are not carried out sufficiently in the identification of young people. Instructions were given to create a clear and transparent seal, covering all areas.

We also discussed the issues of comprehensive training of our athletes for prestigious international competitions, including the upcoming Olympic and Paralympic Games.

Within the framework of the execution of the decree of the president of the Republic of Uzbekistan “on joint training of athletes of Uzbekistan with national athletes for the XXXII Summer Olympic Games and the XVI Paralympic Games to be held in Tokyo (Japan) in 2020” on March 9, 2017, the selection of athletes and formation of national teams by Olympic committees and sports organizations,, a number of works are being carried out to ensure their worthy participation in prestigious competitions. The assembly criticized the use of medals in international competitions only in the types of boxing, judo, weightlifting and wrestling. Certain measures have also been taken to achieve great success in other potential sports, such as gymnastics, trampoline, athletics, taekwondo, kaydarka and canoe rowing, cycling rowing. It was stressed the need to establish cooperation with international sports federations. The decision of the head of our state on “wide involvement of the athletes of Uzbekistan in social and sports affairs and promotion of athletes and their coaches who achieved high results in prestigious international sports competitions” on August 10, 2013. to take care that they will pay a decent salary for their work, make effective use of their experience and potential, receive higher and special education, restore their health. This document provides an opportunity to further improve the system of material stimulation of athletes and coaches in Uzbekistan, make a worthy contribution to the preparation of a reserve of athletes who successfully participate in prestigious international competitions. The meeting also considered the activities of the lower sections of the state agency for Physical Education and sports, the wide involvement of all segments of the population in sports, the development of the private sector and other issues.

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