



THE CURRENT STATE OF THE PROBLEM OF FORMATION OF STABILITY IN THE TEACHING PROFESSION

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The processes of analysis on the issues of integration of pedagogical and technical knowledge in the development of professional competence of teachers of specialized subjects, diagnosis of preparation for professional activity, motivated to express the opinion that today it is appropriate to approach the solution of this issue as follows.

- orientation of future teachers to understand the need for professional stability and self-development ;
- implementation of the technology of gradual development of professional stability of future teachers ;
- establishing a diagnostic practice for the development of the future teacher's professional stability ;
- implementation of communication and pedagogical interaction based on the principles of teacher-student, colleague-like-minded relationships;
- use of the most active methods of teaching ;
- implementation of the introduction of future teachers into professional activities .

As social components of the formation of professional stability of the future teacher, attention should be paid to the following :

- motivation
- cognitive ;
- perceptiv .

The motivational component involves the development of professional stability and preparation for self-development in the process of teaching psychological and pedagogical sciences .

The cognitive component is related to a conscious approach to the formation of professional stability , the scientific basis of thinking .

The perceptive component serves to improve the mechanisms of perception of important aspects of professional stability.

Today, there are institutes and universities focused on the training of teaching specialists for educational institutions. Their graduates will have to adapt and get used to educational institutions. Therefore, work was carried out on this concept so that future teachers could learn the basis and meaning of the concept of "adaptation" . Looking at the data, according to A.G. Moroz, the term





"adaptation" was first introduced into the scientific lexicon by the German physiologist Aubert in 1865 to describe the phenomenon of adaptation to the effects of external stimuli corresponding to emotions (sight, hearing, etc.). The Late Latin "adaptatio" means to adapt, and the modern version of "adapto" means I adapt.

S.Kh. Jalilova in adapting future teachers to the profession, F.I. Haydarov, N.I. Halilova gave the following concepts in the book "Professional Psychology". These are:

Vocational training is preparation for professional education in the process of choosing a profession, as well as development in the process of professional activity.

Stages of professional formation . Professional formation is a heterochronous process, which sometimes has the characteristic of decline and jump. Conflicts and crises are introduced according to the interaction of the individual's personal and professional development factors . This individual full-fledged process can be divided into stages related to the social situation and the main activity. According to them professional training , professional adaptation, primary and secondary professionalization and professional skills enters _

Types of professional formation . The path and speed of professional formation is determined by a group of factors. They are young, individual-psychological , professional technological and socio-economic factors input can

— *Professional development* - this direction is determined by the enrichment of potential and important professional qualities, increasing the efficiency of work .

Psychological aspect of professional formation . To work on oneself and solve various issues, to create conditions and opportunities, to provide psychological support and assistance to people in mastering destructive traditions in professional and personal development .

Professional self-awareness . The ability of a person to independently understand the psychological possibilities of the profession , the aspects related to the content and requirements of professional activity, as well as to find meaning in the work performed in a certain socio-economic situation.

Being able to protect oneself professionally . A person-oriented productive professional activity is related to constant self-transformation, self-realization of preparation and professional potential, ability to manage professional life, overcoming destructive situations in professional development and promotion.





Destructions of professionalization . In the process of professionalization amount and quality changes of the person development and observed with deformation .

Professional self-activation . Accelerating professional development by activating the power of the individual, demonstrating professional activity beyond the norm, as well as participating in various psychotechnologies, etc.

Professional socialization . When entering and occupying a profession, the socialization of the profession is observed; that is, to find the relevant one in the professional definition, to develop a professional opportunity, to form a professional identity.

According to the definition of Ergash Ghaziev : "Social adaptation is the process of continuous active adaptation of an individual to the social environment and the result of this process. Despite the fact that social adaptation has a continuous nature, it is usually associated with periods of radical change of the individual's activity and the social circle surrounding him.

Summary

The appearance of the active influence of the adaptation process on the social environment and the goal in the environment and passive with agreeable values there will be an acceptance view. Social adaptation of the person one of the main socio-psychological factors of socialization. The effectiveness of social adaptation largely depends on how similar (adequate) an individual perceives himself and his social relations. An incorrect or insufficient social image of oneself leads to a violation of social adjustment, the most unfortunate manifestation of this condition (reality) is autism (the individual avoids communication with others and drowns in the world of his inner experiences). The problem of social adaptation is studied in world psychology in such scientific areas as psychoanalysis, autism, deprivation. In this, the main focus is on maladjustment (disorders in the mental sphere, alienation, apathy, alcoholism, drug addiction and b.) and directed to psychotherapeutic methods of its correction, self-training, socio-training. Perfection of adaptation occurs when a person enters the environment through his behavior, activity, behavior. Adaptation of a person to the environment of large or small groups increases the efficiency of work , helps to improve the educational process

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